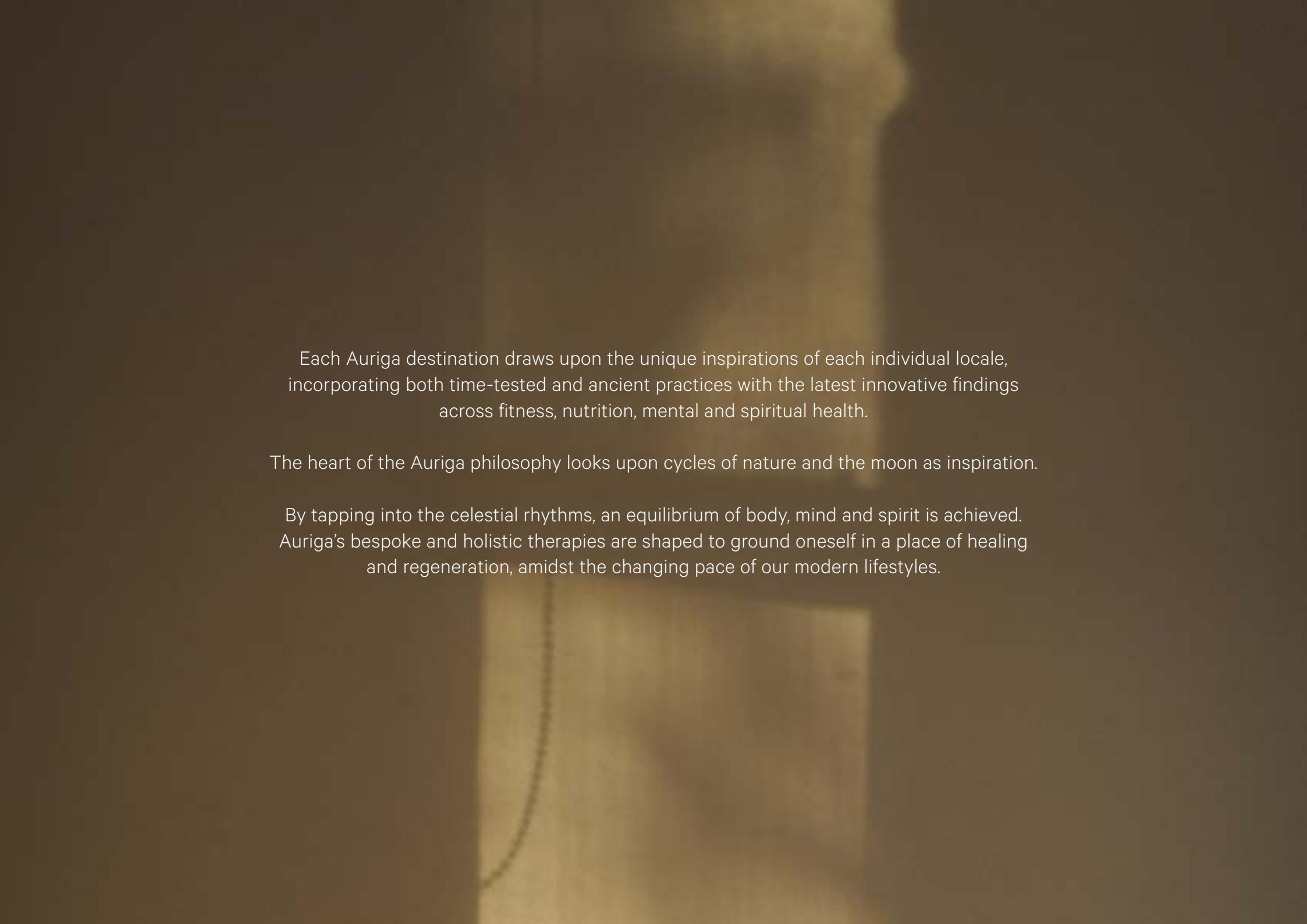




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auriga



Each Auriga destination draws upon the unique inspirations of each individual locale, incorporating both time-tested and ancient practices with the latest innovative findings across fitness, nutrition, mental and spiritual health.

The heart of the Auriga philosophy looks upon cycles of nature and the moon as inspiration.

By tapping into the celestial rhythms, an equilibrium of body, mind and spirit is achieved. Auriga's bespoke and holistic therapies are shaped to ground oneself in a place of healing and regeneration, amidst the changing pace of our modern lifestyles.

New Moon

Monday to Friday: 60 mins · \$280 | 90 mins · \$380

Saturday and Sunday: 60 mins · \$300 | 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

Renewing and energising intuitive full body massage, including meridian awakening to increase circulation and relieve physical and emotional tension. Intention setting with the Auriga Scent Journey to align with the New Moon.

Full Moon

Monday to Friday: 60 mins · \$280 | 90 mins · \$380

Saturday and Sunday: 60 mins · \$300 | 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

A synergistic relaxation full body massage including the scalp with bioenergetic botanical aromas to soothe and calm. Incorporating chakra balancing and a grounding and balancing alignment for the head, the heart and hara, to facilitate a deep feeling of wellbeing.





Signature Ritual

Since time immemorial, it is believed that the different moon phases impact the body in very specific ways. The New Moon is the time for renewal and introspection; the Full Moon is when one's full potential is achieved.

Attune your body and tap into the rhythm of the natural cycle of the moon to awaken a mindful inner being. To find balance within, we must embrace and realign ourselves in harmony with the universal rhythm. In this signature ritual, the treatments received will be aligned with the current lunar phase for optimal benefits and a profound holistic experience.

New Moon Renewal and Reflection

Monday to Friday: 120 mins · \$450

Saturday and Sunday: 120 mins · \$470

Public holidays incur a 15% surcharge on weekend pricing.

The new moon is when the moon is at its darkest, and it's sometimes called the dark moon. From here, it gradually crescendos in strength toward the full moon over the following weeks. The New Moon is the time for introspection and represents new beginnings as we plant seeds for the future. Reflect on your personal goals and regain strength to begin again. It is also time for release and letting go of the past.

Opening Ritual | Auriga Scent Journey and Somatic Intention Setting | Rainforest
Renewal Body Polish and Peel Wrap | Stimulating Massage with Bioenergetic oil |
Express Bio-Active Refresh Facial | Closing Ritual

Full Moon Cleanse and Grounding

Monday to Friday: 120 mins · \$450

Saturday and Sunday: 120 mins · \$470

Public holidays incur a 15% surcharge on weekend pricing.

The full moon is the phase when the moon is at its peak luminescence, making her as full, round, and bright as can be. This phase represents completion, fertility, abundance, and transformation. It is a time for pensive reflection and to focus on restoring the body to its natural balance. Release your full potential and enjoy the inner power of yourself.

Opening Ritual with Energy Balancing | Chakra Align Back Massage | Renewing Facial |
Scalp and Foot Massage | Head, Heart Hara Alignment | Closing Ritual



A person is seen from the chest up, lying back in a natural hot spring. Their hands are clasped behind their head, and their eyes are closed in a state of relaxation. The water is a milky, mineral-rich white color, contrasting with the dark, mossy rocks of the spring. The background is a soft-focus view of the surrounding forest and the spring's edge.

Wellness Journeys

Let yourself be guided on an ethereal journey of the senses, where self-care and pampering meet contemplative relaxation. Auriga's Wellness Journeys are a transformative process, bringing you to a state of total restoration while providing well-deserved nourishment for your body. Allow yourself to be transported to a state of endless well-being and relaxation.

Connect to Country

Monday to Friday: 90 mins · \$380

Saturday and Sunday: 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

Return to a sense of self with a sublime journey through this ancient land, leaving mind, body and spirit deeply relaxed, realigned and re-energised. Stones are gathered with permission from Indigenous Elders from wild far-flung regions; Mookaite (an Aboriginal Mother Earth Stone meaning 'Running Water') from Western Australia, Kakadu and Dreamtime from stone country in the Northern Territory, Australian Black Jade and Green Marble from the Pilbara, and Azoria Gold from Queensland. The unique healing vibrations of these heated stones combined with Australian botanical aromas shift your state of being into a deeper sense of awareness of your true essence.



A close-up, low-angle shot of a woman lying on her back on a sandy beach. She is wearing a white, textured, one-piece bikini. Her skin is glistening with water droplets. In the background, the legs of another person are visible, also wet and lying on the sand. The scene is brightly lit, suggesting a sunny day.

Body Alchemy

Each treatment at Auriga is ingrained with time-tested philosophies reflected in the ever-changing lunar phases. Through tailored body treatments that can encourage restful sleep, revitalise weary bodies or induce healing, your specialised therapist follows traditional cleansing techniques focused on lymphatic drainage to flush out toxins and promote the regeneration of inner body cells.

Rainforest Renewal Body Exfoliation

Monday to Friday: 60 mins · \$250

Saturday and Sunday: 60 mins · \$270

Public holidays incur a 15% surcharge on weekend pricing.

A luxurious native rosella, sugar, coconut and coffee combination polishes away dead skin cells and impurities. The pure aroma of Australian rainforest essential oils cleanses and refreshes whilst a multitude of antioxidants and minerals infuse to leave the skin smooth, soft and glowing with renewed radiance.

Ocean Bliss Volcanic Mineral Mud Wrap

Monday to Friday: 60 mins · \$250

Saturday and Sunday: 60 mins · \$270

Public holidays incur a 15% surcharge on weekend pricing.

This deeply cleansing and detoxifying full body mask contains soothing marine botanicals and bioactives to boost circulation and oxygen flow. This blissful journey with purifying organic aromatherapy will leave your whole being looking and feeling revitalised.

Rainforest Renewal Enzyme Peel Wrap

Monday to Friday: 60 mins · \$250

Saturday and Sunday: 60 mins · \$270

Public holidays incur a 15% surcharge on weekend pricing.

This energising wrap embraces the body in Finger Lime Caviar-infused hydration, to encourage detoxification, improve skin tone and smoothness, reduce signs of cellulite, age spots, and blemishes. Powerful natural AHAs and antioxidants reinvigorate the skin whilst Green Coffee Bean gently stimulates circulation.



Nourish

Monday to Friday: 90 mins · \$380

Saturday and Sunday: 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

Experience a soothing massage to release tension and promote a deep sense of relaxation, followed by an express facial, promoting healthy skin and revitalisation of mind and body.

Opening Ritual | Intuitive Full Body Massage | Renewing Express Facial | Closing Ritual

Shield

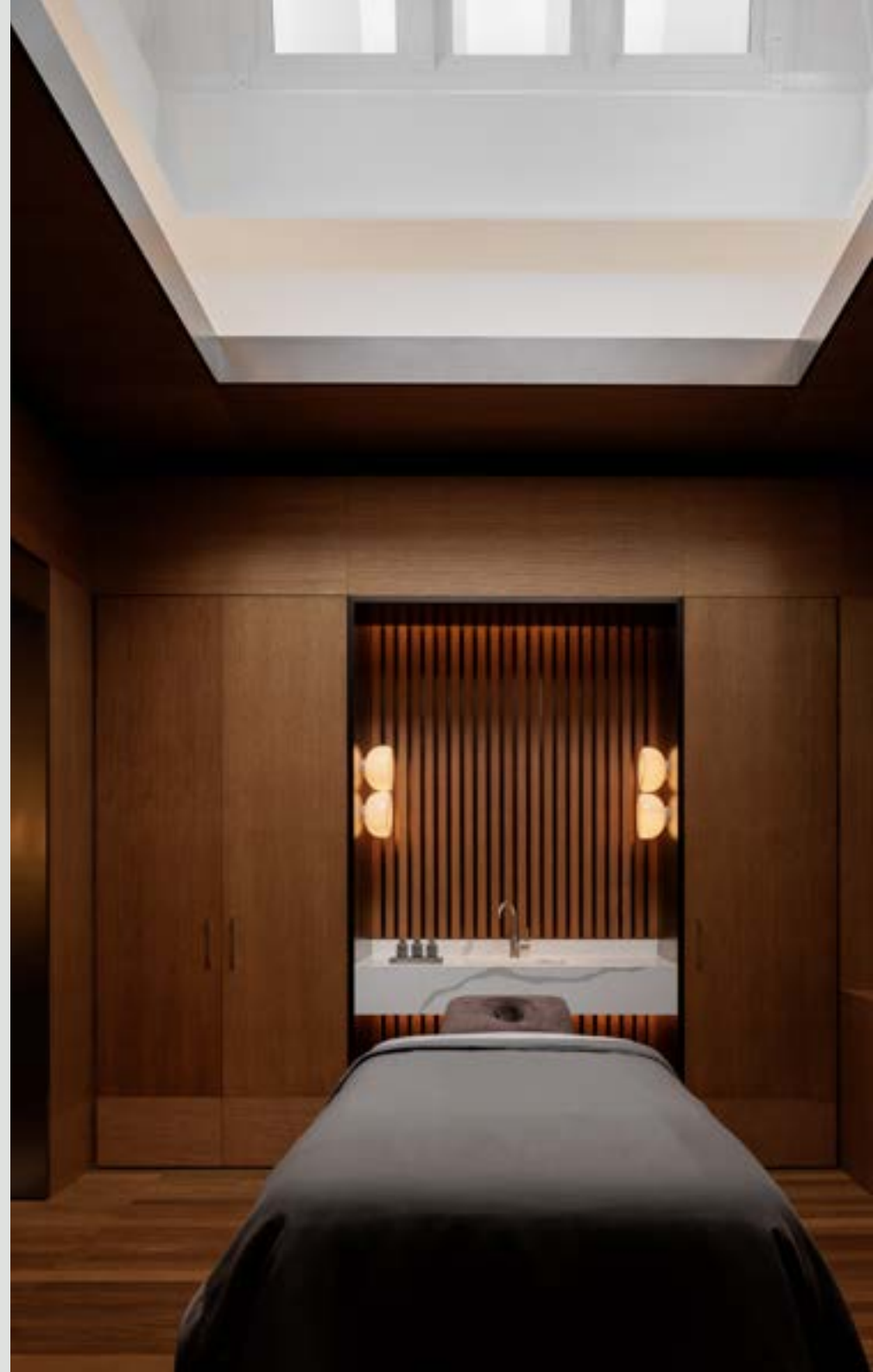
Monday to Friday: 90 mins · \$380

Saturday and Sunday: 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

Experience ultimate rejuvenation with this full body exfoliation that smooths and revitalises your skin. This indulgent sensory journey combines gentle exfoliation to reveal a healthy glow, followed by a soothing massage to release tension and promote a deep sense of relaxation.

Opening Ritual | Ocean Bliss Salt Body Scrub | Intuitive Full Body Massage | Closing Ritual



Rebalance

Monday to Friday: 120 mins · \$430

Saturday and Sunday: 120 mins · \$450

Public holidays incur a 15% surcharge on weekend pricing.

Description: Rediscover harmony and rejuvenation with our Fluidform Rebalance treatment, expertly designed in collaboration with Kirsten King. This 120-minute holistic journey enhances recovery, wellness, and longevity through a seamless blend of therapeutic techniques and aromatic indulgence. Alleviate muscular tension and realign your mind, body, and skin.

Sauna or steam room therapy to support the detoxification process | Body scrub exfoliation | Full Body Massage | Post-treatment tea | Fruit platter and aromatherapeutic gift

Private Fluidform Consultations: Guests can opt to book a 1:1 movement consultation with a Fluidform trainer, available in their suite or the wellness area, to personalise their wellness experience.





from seed to skin

Synthesis Organics is Energy Imbued® skincare, aromatherapy and wellness for radiant conscious beauty and a harmonious state of being. An alchemy of Nature, Science and Spirit.

Synthesis Organics' intuitive, eco-luxe, clinically proven Australian native bioactives and nutraceuticals are easily tailored for all ages, skin types and conditions. Our 100% plant-based certified organic products are crafted from Australian native bioactives and clinically proven nutraceuticals to nurture and heal on a deep, cellular level.

SYNTHESIS
ENERGY IMBUED ORGANICS



Facial Alchemy

While there are many philosophies and approaches towards reversing the signs of ageing, Auriga celebrates the natural passage of time, which includes embracing healthy skin and youthful radiance at any age. The key to this is in pampering the undulating contours of the skin with a range of salubrious treatments, aimed to promote beauty from the inside out. Every facial journey has a tailored element ensuring a bespoke experience.

Purify Deep Cleanse Facial Therapy

Monday to Friday: 60 mins · \$280

Saturday and Sunday: 60 mins · \$300

Public holidays incur a 15% surcharge on weekend pricing.

Restore balance and transform the skin with nutrient-rich extracts and bioactives to restore skin texture, detoxify, restore cellular nourishment, and stimulate collagen production.

Sensitive Repair Energy Balancing Facial

Monday to Friday: 60 mins · \$280

Saturday and Sunday: 60 mins · \$300

Public holidays incur a 15% surcharge on weekend pricing.

This pure and beautifully gentle treatment is beneficial for the most sensitive skin, during pregnancy or after illness or surgery. Layer upon layer of organic, nutrient-rich oils and bioactives combine with soothing Gua Sha Massage to transform your skin. Renew your glow and experience a deep sense of wellbeing with Healing Touch and Energy Clearing & Balancing.



Replenish Beauty and LED Light Therapy Facial

Monday to Friday: 60 mins · \$290 | 90 mins · \$390

Saturday and Sunday: 60 mins · \$310 | 90 mins · \$410

Public holidays incur a 15% surcharge on weekend pricing.

Nourish and replenish the skin with ultra-luxe precious oils and bioactives that stimulate collagen synthesis and cell renewal combined with the rejuvenating effects of LED Light Therapy.

Australian Elemental Facial Alchemy

Monday to Friday: 90 mins · \$390

Saturday and Sunday: 90 mins · \$410

Public holidays incur a 15% surcharge on weekend pricing.

Combining Australia's natural elements, Indigenous wisdom, and thermo and cryo stone therapy for skin rejuvenation, relaxation and holistic renewal. This facial commences with a hot stone back massage and is followed with a sophisticated facial treatment that leaves the skin glowing with radiance. Botanicals from the ocean, earth and rainforest combine with semi-precious gems, desert stones and volcanic minerals to deliver exceptional transformative benefits by harmonising the skin's natural healing ability. Mookaite Jasper, Azoria Gold, Granite & Marble from the Kakadu and Pilbara regions, with unique vibrational qualities combined with traditional healing techniques, are used in an expertly designed hot and cold treatment that tones and uplifts your complexion, boosts absorption of bioactives, relieves stress and tension, renews your skin and senses, restores wholeness, balance and radiance.



Chakra Balance Hair and Scalp Treatment

Monday to Friday: 30 mins · \$180

Saturday and Sunday: 30 mins · \$200

Public holidays incur a 15% surcharge on weekend pricing.

Chakra balancing oils are used to bring the whole body back into harmony, with a deeply relaxing head, neck and shoulder massage to relieve the busy mind. A warm, aromatic Synthesis Hair and Scalp Elixir is applied, incorporating acupressure point massage along the meridians to relieve stress and tension and increase microcirculation to the scalp. The Elixir penetrates deeply into the hair for a nourishing and conditioning treatment, encouraging hair growth and leaving the hair nourished and silky soft.



Enhancement Menu

Knesko Collagen Face Mask · \$70

Brightens and lifts the skin with a richly hydrating collagen treatment.

Knesko Collagen Eye Mask · \$35

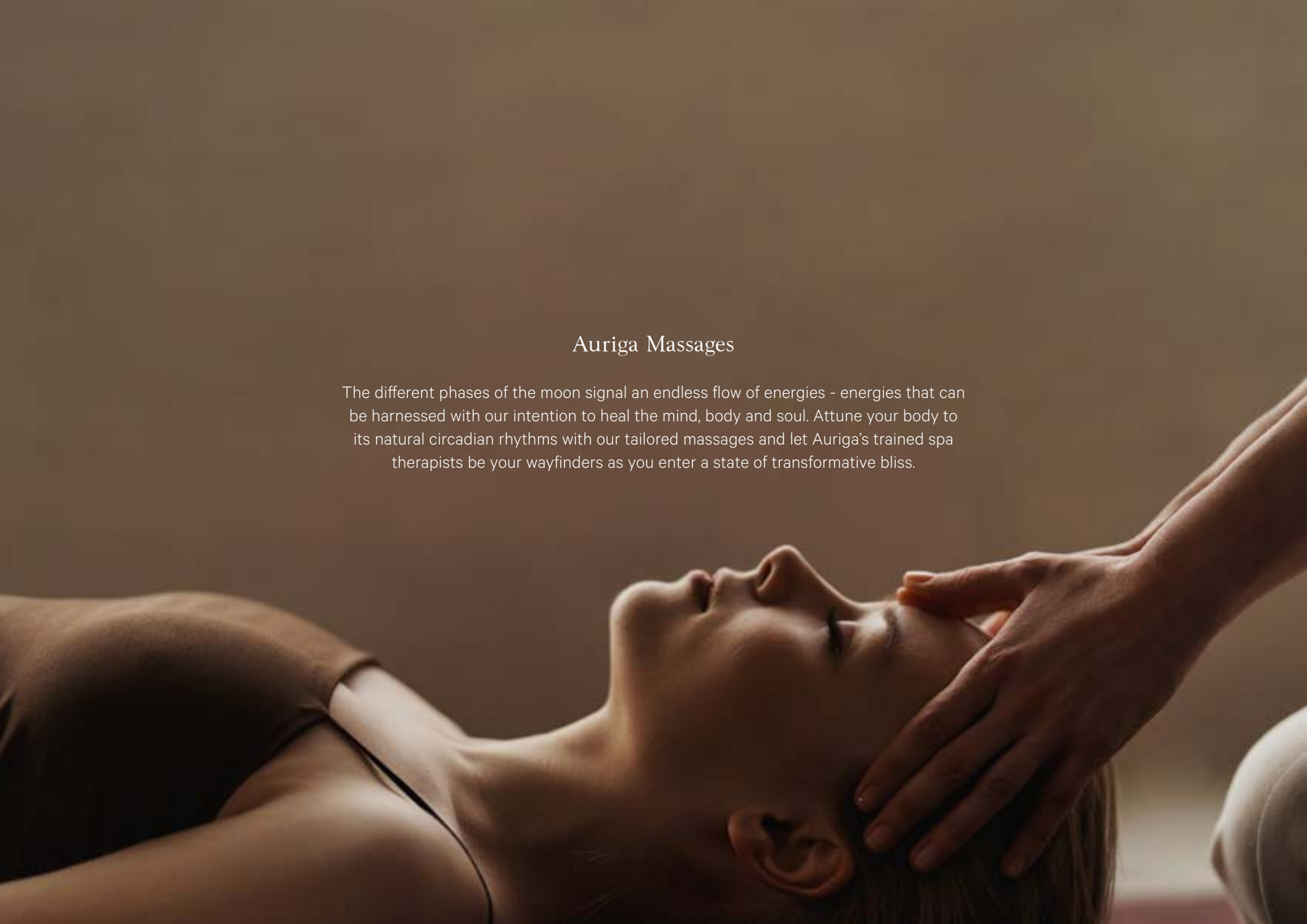
Provides targeted under-eye rejuvenation by delivering deep hydration, firming and lifting delicate skin, and reducing the look of fine lines, puffiness, and dark circles.

Dry Body Brush · \$35

Brush to exfoliate dead skin cells, boost blood flow and stimulate the lymphatic system.

No extra time needed.



A woman is lying down with her head tilted back, eyes closed, and a serene expression. Her hands are resting on her forehead, and a pair of hands is gently massaging her forehead. The background is a soft, warm, out-of-focus brown. The overall mood is peaceful and relaxing.

Auriga Massages

The different phases of the moon signal an endless flow of energies - energies that can be harnessed with our intention to heal the mind, body and soul. Attune your body to its natural circadian rhythms with our tailored massages and let Auriga's trained spa therapists be your wayfinders as you enter a state of transformative bliss.

Expectant Mother Massage

Monday to Friday: 60 mins · \$280 | 90 mins · \$380

Saturday and Sunday: 60 mins · \$300 | 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

A gentle massage utilising pre-natal support cushions to enhance comfort, improve circulation and assist in lymphatic drainage. This treatment is safe and comfortable for the expecting mother beyond her first trimester.

Intuitive Wellness

Monday to Friday: 60 mins · \$280 | 90 mins · \$380

Saturday and Sunday: 60 mins · \$300 | 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

Auriga's customised massage combining various techniques, tailored to your specific needs.

Deep Tissue Massage

Monday to Friday: 60 mins · \$280 | 90 mins · \$380

Saturday and Sunday: 60 mins · \$300 | 90 mins · \$400

Public holidays incur a 15% surcharge on weekend pricing.

Massage therapy targeting the deepest layers of muscle tissue, tendons and fascia, to bring relief to stiffness as well as create a better range of motion in the joints.





Auriga | Capella Sydney | 24 Loftus Street, Sydney NSW 2000, Australia
T +61 2 9071 5010 | E auriga.sydney@capellahotels.com
www.capellahotels.com/sydney