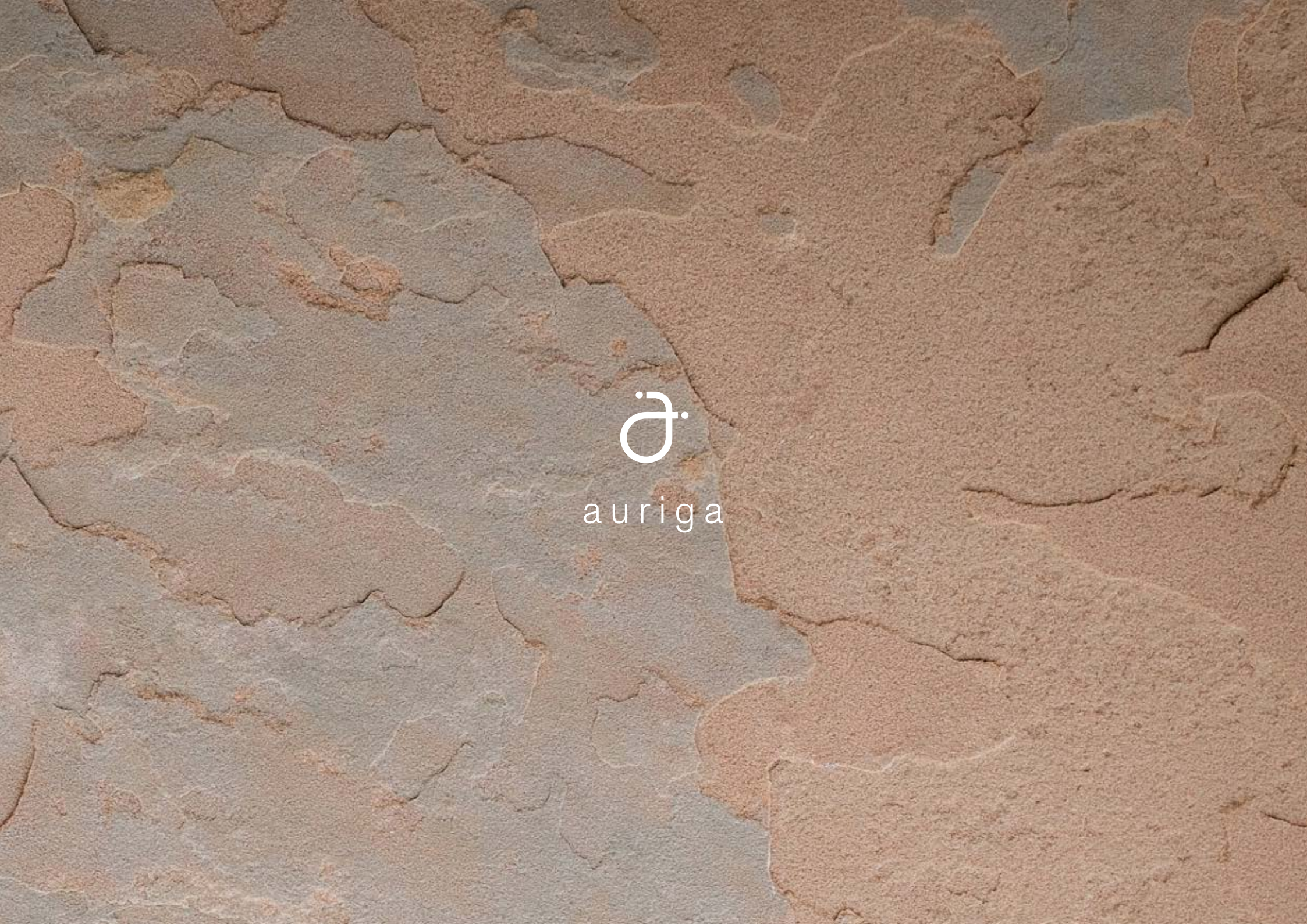




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Each Auriga destination draws upon the unique inspirations of each individual locale, incorporating both time-tested and ancient practices with the latest innovative findings across fitness, nutrition, mental and spiritual health.

The heart of the Auriga philosophy looks upon cycles of nature and the moon as inspiration.

By tapping into the celestial rhythms, an equilibrium of body, mind and spirit is achieved. Auriga's bespoke and holistic therapies are shaped to ground thyself in a place of healing and regeneration, amidst the changing pace of our modern lifestyles.



Auriga Signature Moon Ritual

3 hrs | 610

Since time immemorial, it is believed that the different moon phases impact the body in very specific ways. The New Moon is the time for renewal and introspection, while the Full Moon is when one's full potential is achieved.

Attune your body and tap into the rhythm of the moon's natural cycle to awaken a mindful inner being. To find balance within, we must embrace and realign ourselves in harmony with the universal rhythm. If you wish, the treatments received will be aligned with the current lunar phase for optimal benefits and a profound holistic experience.

New Moon Ritual | Renewal & Reflection

The New Moon is the time for renewal and introspection. It is a phase of exploring ways to achieve higher self-potential and setting new intentions. As energy levels tend to be sluggish, this treatment was designed to re-invigorate and revive the senses.

The signature ritual commences with a salt scrub and body wrap that applies invigorating strokes to enliven and moisturise your skin. An energising new moon massage using a copper gua sha tool and cupping techniques to further release tension follows after. Conclude the experience with a facial that incorporates acupressure massage to awaken the lymphatic system, lift and firm your skin.

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Full Moon Ritual | Cleansing & Grounding

The Full Moon is when the moon is at its peak luminescence, where it is as round and bright as can be. As energy levels tend to run high, a ritual to calm your mind and restore balance is recommended.

Your experience commences with a soothing body exfoliation and wrap followed by the signature full moon massage to soothe your nervous system, and a facial experience to cleanse and protect your skin from environmental stressors, boost circulation, and brighten the skin.

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Wellness Journeys

Let yourself be guided on an ethereal journey of the senses, where self-care and pampering meet contemplative relaxation. Auriga's Wellness Journeys are a transformative process, bringing you to a state of total restoration while providing well-deserved nourishment for your body. Allow yourself to be transported to a state of endless well-being and relaxation.

Unwind & Recharge Journey for Two

4.5 hrs | 1600

Bath Ritual - Intuitive Wellness Massage - Anti-Pollution Facial - Spa Cuisine

The ideal experience to share with your significant other after a long and stressful week. Recharge your energies and unwind your senses with a relaxing soak, before releasing your tensions with a relaxing body massage and facial, and ending your journey with the nourishment of a healthy spa meal. This treatment uses Margy's Monte Carlo skincare products which replenish and strengthen the skin, calm inflammation and visibly reverse the results of aging. The luxurious skincare range combined with advanced therapy techniques deliver enviable results that help slow the process of time.

Energy Balance Journey

5 hrs | 950

Wellness Movement - Vibrational Sound Therapy -

Alpine Repair Facial by Dr. Levy - Spa Cuisine

Recalibrate your balance as you embark on this journey and let our wellness specialist guide you on a half-day programme of pure bliss. Start your morning with a wellness movement activity and unwind with a 120 minutes massage and 60 minutes facial, before ending your journey with the nourishment of a healthy spa meal.

Mind & Body Journey

3.5 hrs | 530

Sound Bath Meditation - Rejuvenation Body Treatment - Spa Cuisine

Let the rejuvenating properties of the sound bath meditation nourish your body and let the natural glow of your skin radiate. The Sound Bath therapy uses a variety of instruments including gongs, singing bowls and tingsha cymbals to bring relief to those facing stress, anxiety, insomnia and pain. Let our specialised therapist guide you on this private sound bath meditation before soothing your tired muscles with a body treatment experience before nourishing your body with a specially curated healthy spa meal.





Wellness Rituals

The different phases of the moon signal an endless flow of energies - energies that can be harnessed with our intention to heal the mind, body and soul. Attune your body to its natural circadian rhythms with our tailored Wellness Rituals and let Auriga's trained spa therapists be your wayfinders as you enter a state of transformative bliss.

Vibrational Sound Therapy

90 mins | 350 120 mins | 450

Delve into deep relaxation facilitated by the sounds of therapeutic instruments. Crafted in partnership with The Sound Healing™, this sensorial spa experience combines the art of body massage with therapeutic sound vibrations to release stagnant energy and nurture a sense of serenity. The treatment begins with a foot ritual, followed by a thoughtfully orchestrated sound healing session utilising various instruments such as bowls and “perfect fifth” 256Hz and 384Hz tuning forks. A full-body restorative massage further relaxes the mind in preparation for a brainwave relaxation sound bath that completes your journey.

Rejuvenating Body Treatment

120 mins | 410

Natural, transformational treatment for radiant, perfected limbs. Rejuvenated skin is revealed through a three-stage exfoliation process: body brushing, seed scrub application and a salicylic acid body mask. Skin is scrubbed, cocooned and massaged to reveal dewy glow. Your mind is energised through aromatherapy and your body feels fresh and fully awake thanks to lymphatic drainage and manipulation of pressure points before ending the experience with a nourishing hair treatment and a deep scalp massage.



Local-inspired Experiences

The tropical elements can wear the body and skin. By combining Asian inspired remedies and ingredients, Auriga's locally inspired experiences weave traditional healing therapies with modern techniques that alleviate muscle tensions and uplifts your skin and soul.

Balot Ng Aruga Healing Experience

120 mins | 430

The Balot Ng Aruga Healing Experience uses Asian ingredients that will leave your skin nourished and supple after a full-body exfoliation of tropical lulur scrub, followed by a banana body wrap with tanaka powder body mask and an invigorating hair treatment, followed by a 60 minutes tailored massage. An experience inspired by local influences that will leave you pampered from head to toe.

Senja Sunyi

90 mins | 330

120 mins | 430

Combining traditional Asian therapies and massage techniques, this treatment uses a combination of warm moon stones, long flowing strokes, stretches and pressure points with hydrating Argan Oil Shea Butter balm to ease any kinks and knots in your muscles.





Pro-aging Facial Experiences

While there are many philosophies and approaches towards reversing the signs of aging, Auriga celebrates the natural passage of time, which includes embracing healthy and nourishing skin at various life stages. The key to this is in pampering the undulating contours of the skin with a range of salubrious treatments, aimed to promote beauty from the inside out.

**Age Reversal Illuminating Facial
by Margy's Monte Carlo**

120 mins | 680

A powerful blend of biotechnology and plant extracts for intensive skin cell regeneration via vitamins and minerals. Highly active Collagen Face Mask by Margy's Monte Carlo boosts elasticity and suppleness, and reduces fine lines, wrinkles and dark circles. Exceptional results are visible from the first treatment through a concentrated blend of Swiss apple stem cell extract that stimulates the vitality of the skin for powerful anti-aging effects.

**Anti-Pollution Facial
by Margy's Monte Carlo**

90 mins | 495

A much-needed tailored skincare treatment designed to brighten and boost your complexion amidst harsh tropical environments. Deep cleansing and highly concentrated active ingredients by Margy's Monte Carlo hydrate and restore your skin, leaving it feeling refreshed and revitalised.

**Customised Facial
by Biologique Recherche**

90 mins | 450

Specially trained therapists will begin with an analysis of your individual skin and its health. A unique and tailor-made solution will be created to produce immediate and effective results. Your treatment will include a selection of the following Biologique Recherche boosters to enhance the overall results of your facial.

1. Hydrate & Repair
2. Plump & Revitalise

*60-minute treatments are available upon request

All prices are in Singapore dollars, subject to service charge and prevailing goods and services tax.

Alpine Repair Facial 90 mins | 450
by Dr. Levy 120 mins | 600

Ice away signs of fatigue with this restorative skin therapy. Harnessing the purity of glacier water and the protective strength of edelweiss, this treatment remineralises and fortifies your skin's natural ecosystem. A soothing blend of manual lymphatic drainage, cryotherapy, and a jade-infused gemstone collagen mask helps to reduce inflammation, leaving your complexion visibly calmer, clearer, and beautifully renewed.

Time ReverCell Facial 90 mins | 495
by Dr. Levy 120 mins | 660

Harness the power of age-reversing plant stem cells in this rejuvenating treatment. Featuring the signature Levy-Tate Lift massage, designed to stimulate and tone the neck, jawline, forehead, lips, and eyes, and paired with microcurrent therapy for deep muscle activation. A firming, gold-infused gemstone collagen mask completes the experience, leaving you with a lifted, sculpted facial contour.

Fire and Snow Glow Facial 90 mins | 495
by Dr. Levy 120 mins | 660

Rejuvenate and illuminate with a treatment inspired by advanced biohacking principles. Through hot and cold contrast therapy and epigenetic skincare technology, cellular longevity is optimised. A diamond-infused collagen mask delivers brightening power, restoring lasting radiance and visibly transforming the skin.

Power Lift Facial for Men 60 mins | 300
by Dr. Levy 90 mins | 450

Tailored to male-specific skincare needs, this targeted treatment deeply cleanses and revitalises the skin. The eye area is refreshed with a depuffing, wrinkle-smoothing booster, while age-reversing plant stem cells are infused using toning microcurrent technology, revealing a visibly energised and rejuvenated appearance.



Body Treatments

Each treatment at Auriga is ingrained with time tested philosophies reflected in the ever-changing lunar phases. Through tailored body treatments that can encourage restful sleep, revitalise weary bodies or induce healing, your specialised therapist follow traditional cleansing techniques focused on lymphatic drainage that flush out toxins and promote the regeneration of inner body cells.

Healing Detox Body Wrap

90 mins | 350

by Margy's Monte Carlo

Detoxifying and stimulating, designed to reduce cellulite and water retention. Includes a personalised Margy's results-driven anti-cellulite massage for up to 60 minutes for maximum benefit. This wrap is an ideal complement to a slimming programme.

Collagen & Firming Body Wrap

90 mins | 350

by Margy's Monte Carlo

Detoxifying, intensely hydrating and regenerating, this wrap utilises Margy's signature range of collagen enhancing serums to firm and tone the skin, while our personalised signature massage relaxes the muscles and the mind.

Invigorating Scrub & Massage

90 mins | 330

The perfect combination to leave your skin soft and release muscle tension, we use a Himalayan body scrub to leave the skin bright and glowing followed by a relaxing massage with pure Organic Shea Butter infused with a gentle aromatherapy blend. The result is soft skin and a revitalised body.



Auriga Body Massages

Embrace the soothing kneads of tested hands that erode the formation of knots and tensions throughout the body. Through a profound yet meticulous approach to unlocking troubled aches and sores, Auriga's body massages are informed by age-old practices and traditional techniques, catered to each body's individual needs.

Signature Moon-phased Massages

New Moon 90 min | 350 120 min | 450

Align with the celestial cycle and harness the rejuvenating energy of the new moon. This intuitive full-body massage weaves together techniques utilising a copper gua sha tool and cupping techniques to awaken and revive.

Full Moon 90 min | 350 120 min | 450

A synergistic full body and scalp massage with bio-energetic botanical aroma to soothe and calm. Chakra balancing and grounding alignment for the head, the heart and hara, help to facilitate a deep sense of well-being.

Intuitive Wellness*

90 mins | 330 120 mins | 430

Auriga's signature body wellness massage that is tailored according to your specific needs customised with your choice of warm oil and pressure.

Deep Tissue*

90 mins | 330 120 mins | 430

A targeted full body treatment designed to revive tired muscles, alleviate chronic pain and elongate your frame. Invigorating techniques and firm strokes are used to bring about balance to your body and mind.

Stress Reliever

90 mins | 330

Whether it is to relieve muscle soreness or workday stress, this treatment aims to relax your mind and body. Soothe those aches with a deep back massage including the shoulders and neck, followed by a nourishing scalp massage, and a cleansing facial ritual with warm chamomile and cooling cucumber eye compresses.

Manual Lymphatic Drainage

60 mins | 230

A gentle, specialised treatment to stimulate the body's lymphatic circulation that brings about reduced swelling, enhanced immunity and detoxification. The soothing nature of this treatment induces a state of true relaxation, alleviating stress and insomnia.

Pre-natal*

90 mins | 330

This massage promises to be a blissful session. A massage tailored to your body's needs with focus on specific areas such as aching back and heavy legs to alleviate unnecessary muscle tension. Pregnancy support cushions are used throughout to ensure total comfort.

*60-minute treatments are available upon request

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Enhance Your Spa Experience

For an added touch to complete your spa experience, look to our range of complementary spa experiences during or after your treatments, which allow you to focus on specific targets of your body.

Bath Ritual

30 mins | 100

A recommended ritual after every treatment that is enjoyed alone or with a significant other. Soak in a relaxing bath and let the waters calm your mind as you recalibrate and refocus, alone or with a significant other.

Intense Hair Treatment

30

Nourish your hair from the roots to the tips with this intense treatment that can be applied at any time during your spa experience.

Stress Relief Balm

30

Let the skilled hands of our wellness specialists focus on the deep contractures by applying this special balm during the treatment that will help to relax tense muscles and reduce the inflammation.

Collagen Face Mask

130

Repair, firm and hydrate your skin with pure collagen face mask, a perfect addition during your treatment.

The Monthly Recharge Series

Enhance your self-care routine with a series of thoughtfully designed massage and facial treatments. Elevate your physical and emotional well-being as you indulge in moments to recharge your mind and body.

5 Massages | 90 mins | 1400

5 Facials | 90 mins | 1980

10 Massages | 90 mins | 2640

10 Facials | 90 mins | 3960

**Treatments included in the series:*

Massages - Intuitive Wellness, Stress Reliever, Deep Tissue, Pre-Natal

Facials by Dr. Levy - Alpine Repair, Time ReverCell, Fire & Snow Glow, Power Lift (for him)

All prices are in Singapore dollars, subject to service charge and prevailing goods and services tax.

Fitness, Movement & Lifestyle

60 mins | 250

Elevate your fitness journey at Auriga Wellness. Our tailored menu features cutting-edge programmes, personalised training, and energising classes to help you reach your wellness goals. From strength training to specialised workouts, experience the transformative power of fitness in a supportive environment. Prioritise movement, strength, and vitality with us and unlock your full potential.

The following private classes are available upon request:

Yoga

Tai Chi

Qigong

Meditation

Sound Therapy

Reiki

Personal Training

An advanced booking of one week is required.









Treatment	Peak Price	Non Peak Price
Body Massages		
Deep Tissue 90 min	330	290
Full Moon 90 min	350	310
Intuitive Wellness 90 min	330	290
New Moon 90 min	350	310
Pre-natal 90 min	330	290
Senja Sunyi 90 min	330	290
Stress Reliever 90 min	330	290
Vibrational Sound Therapy 90 min	350	310
Body Treatments		
Collagen & Firming Body Wrap 90 min	350	310
Healing Detox Body Wrap 90 min	350	310
Invigorating Scrub & Massage 90 min	330	290
Pro-aging Facial Experiences		
Anti-pollution Facial 90 min	495	430
Customised Biologique Recherche Facial 90 min	450	390
Alpine Repair by Dr. Levy 90 min	450	390
Time ReverCell by Dr. Levy 90 min	495	430
Fire & Snow Glow by Dr. Levy 90 min	495	430
Power Lift by Dr. Levy (for him) 90 min	450	390

Non-peak prices are applicable from Monday to Thursday and are not valid on blackout dates.
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